

# Career Employer

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## Career Employer NCLEX RN Study Plan

Welcome to the Career Employer NCLEX RN Study Plan PDF which serves to help you plan out your study time to create sustainable and efficient long-term study habits. These four time frames seem to work the best: a 4-week study plan, 3-month study plan, 6-month study plan, and a 1-year study plan.

These comprehensive study plans aim to help with any future study endeavors, even beyond preparing for the NCLEX RN final exam. Overall, the most important part of learning anything new is consistency and the use of appropriate study materials for your style of learning and timeline.

I highly recommend that you pay attention to which of the study materials work best for you, as there are many ways and study materials you can use to help master all domains of knowledge in the NCLEX RN certification course. And furthermore, using different study materials and methods keeps learning fun and attractive, and allows you to learn and apply different tactics toward the same goal. Now, let's get to the meat of this whole article, which is the four different study plans offered here on Career Employer!

### The Four Week Career Employer NCLEX RN Study Plans

- **4-Week Study Plan:** The four-week study plan is ideal for someone that is going to be taking the exam within the next month and needs to cram and/or refresh from their studies in the textbook. Another type of learner could be someone that already has existing certifications in the nursing industry and wishes to learn the differences and specifics of NCLEX RN. You will study all of the types of study materials each week and it will feel a bit more crammed if you are unfamiliar with anything regarding the NCLEX RN exam. There's a lot of information to get through, so you will need to invest much of your time if you aim to use this study plan.
- **3-Month Study Plan:** The three-month study plan is the more typical and, in our opinion the ideal study plan to emphasize the amount of information learned and the creation of good learning habits. It strikes the perfect balance between those two aspects. It is ideal for someone who has a good amount the time available to study each day and wants to hone in on learning a little bit each day.

- **6-Month Study Plan:** The third option is a six-month plan, which serves a purpose for learners who are very busy and may not have the time for a little bit of studying each and every day. This plan may also be good to follow along with if you are using other outside resources and paid materials, as the practice tests, flashcards, cheat sheet, and free study chapters all are great materials, and it is good to have more than one perspective when studying.
- **1-Year Study Plan:** The final option of the study plan is the one-year study plan, which gives the chance for people to study on their own time and in a more relaxed schedule. It is not as often used, but for someone just learning a new skill or interest on the side, it may be ideal. Some learners may be people who are just extremely busy and can only study a day or two per week.

## The 4-Week Study Plan

In this program, a learner will be utilizing all of the main study materials offered on Career Employer week. The materials utilized are the Study Guide Chapters, Flashcards, Practice Exams/Quizzes, and a Cheat Sheet. There is a lot to take in here, so daily study is necessary and for a significant amount of time too.

| <b>4-Week Study Plan</b> |  |
|--------------------------|--|
| <b>Week 1</b>            | - Study Module 1: Managing Care of the Patient, Module 2: Overall Safety and Control of Infections and Module 3: The Promotion of Health and Maintenance                       |
|                          | - Review flashcards and take practice exams related to the above modules   |
|                          | - Review the cheat sheets related to the NCLEX RN exam, specifically with these Modules in mind  |
| <b>Week 2</b>            | - Study Module 4: Integrity in Psychosocial Functioning, Module 5: Providing Basic Care and Ensuring Patient Comfort and Module 6: Therapies – Pharmacological and Parenteral. |
|                          | - Review flashcards and take practice exams related to the above modules   |
|                          | - Review the cheat sheets related to the NCLEX RN exam, specifically with these Modules in mind  |
| <b>Week 3</b>            | - Study Module 7: Potential Risk Reduction and Module 8: Adapting Physiologically. Module 8 is by far the biggest module in terms of content.                                  |
|                          | - Review flashcards and take practice exams related to the above modules   |
|                          | - Review the cheat sheets related to the NCLEX RN exam, specifically with these Modules in mind  |
| <b>Week 4</b>            | - Review flashcards, take practice exams for all modules, and review all modules. Focus on areas where you struggle as identified by the flashcards and practice exams.        |
|                          | - Review the cheat sheet   |

## The 3-Month Study Plan

The three-month study plan is a more typical approach to studying in a generous timeframe, that emphasizes learning the materials and creating optimal study habits. Daily flashcard study and taking quizzes at the right time and revisiting as needed will help learners.

| <b>3-Month Study Plan</b> |   |
|---------------------------|---|
| <b>Week 1</b>             | - Study Module 1: Managing Care of the Patient, Module 2: Overall Safety and Control of Infections  |
|                           | - Review flashcards and take practice exams related to the above sections of Module 1 and 2   |
|                           | - Review the cheat sheet with Module 1 and 2 in mind  |
| <b>Week 2</b>             | - Study Module 3: The Promotion of Health and Maintenance and Module 4: Integrity in Psychosocial Functioning.  |
|                           | - Review flashcards and take practice exams related to these sections of Module 3 and 4.  |
|                           | - Review the cheat sheet with Module 3 and 4 in mind  |
| <b>Week 3</b>             | - Study Module 5: Providing Basic Care and Ensuring Patient Comfort and Module 6: Therapies – Pharmacological and Parenteral.   |
|                           | - Review flashcards and take practice exams related to these sections of Module 5 and 6   |
|                           | - Review the cheat sheet with Module 5 and 6 in mind  |
| <b>Week 4</b>             | - Study Module 7: Potential Risk Reduction and Module 8: Adapting Physiologically. Module 8 is by far the biggest module in terms of content, we will continue with it in Week 5 and 6. |
|                           | - Review flashcards and take practice exams related to these sections of Module 7 and 8.  |
|                           | - Review the cheat sheet with Module 7 and 8 in mind  |
| <b>Week 5</b>             | - Continue studying Module 8: Adapting Physiologically  |
|                           | - Review flashcards and take practice exams related to these sections of Module 8.  |
|                           | - Review the cheat sheet with Module 8 in mind  |
| <b>Week 6</b>             | - Continue studying Module 8: Adapting Physiologically  |
|                           | - Review flashcards and take practice exams related to these sections of Module 8.  |
|                           | - Review flashcards and take practice exams related to Module 2   |
|                           | - Review the cheat sheet with Module 8 in mind  |
| <b>Week 7</b>             | - Revision of Module 1: Managing Care of the Patient, Module 2: Overall Safety and Control of Infections  |
|                           | - Take practice exams and flashcards from Module 1 and 2 and note areas where you struggle  |

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|----------------|---|
|                | <ul style="list-style-type: none"> <li>- Review the cheat sheets and note areas you should expect to find in the exam from this module</li> </ul>   |
|                |   |
| <b>Week 8</b>  | <ul style="list-style-type: none"> <li>- Revision of Module 3: The Promotion of Health and Maintenance and Module 4: Integrity in Psychosocial Functioning.</li> </ul>  |
|                | <ul style="list-style-type: none"> <li>- Take practice exams and flashcards from Module 3 and 4 and note areas where you struggle</li> </ul>  |
|                | <ul style="list-style-type: none"> <li>- Review the cheat sheets and note areas you should expect to find in the exam from this module</li> </ul>   |
|                |   |
| <b>Week 9</b>  | <ul style="list-style-type: none"> <li>- Revision of Module 5: Providing Basic Care and Ensuring Patient Comfort, Module 6: Therapies – Pharmacological and Parenteral, and Module 7: Potential Risk Reduction</li> </ul>                   |
|                | <ul style="list-style-type: none"> <li>- Take practice exams and flashcards from Module 5, 6, and 7 and note areas where you struggle</li> </ul>  |
|                | <ul style="list-style-type: none"> <li>- Review the cheat sheets and note areas you should expect to find in the exam from this module</li> </ul>   |
|                |   |
| <b>Week 10</b> | <ul style="list-style-type: none"> <li>- Revision of Module 8: Adapting Physiologically. As this is the longest module, reviewing it will continue into Week 11, but you must complete at least three-quarters of it in Week 10.</li> </ul> |
|                |   |
| <b>Week 11</b> | <ul style="list-style-type: none"> <li>- Complete revision of Module 8: Adapting Physiologically</li> </ul>   |
|                | <ul style="list-style-type: none"> <li>- Take practice exams and flashcards from Module 8 and note areas where you struggle</li> </ul>  |
|                | <ul style="list-style-type: none"> <li>- Review the cheat sheets and note areas you should expect to find in the exam from this module</li> </ul>   |
|                |   |
| <b>Week 12</b> | <ul style="list-style-type: none"> <li>- Final revision of areas where your knowledge needs to improve</li> </ul>   |
|                | <ul style="list-style-type: none"> <li>- Take practice exams and try more flashcards, focusing on those areas</li> </ul>  |
|                | <ul style="list-style-type: none"> <li>- Review the cheat sheet for a final time</li> </ul>   |
|                |   |

## The 6-Month Study Plan

The six-month study plan is for someone that doesn't have the time to study every single day and wants to learn on the side, while still preparing for the certification exam. The main aspect of this study plan is trying to reach a goal within an extended period. It is more along someone's own timeframe, where they fit studying in for a few days each week, just enough to keep materials fresh and current.

| <b>6-Month Study Plan</b> |   |
|---------------------------|---|
| <b>Month 1</b>            | - Start by taking the practice exams, just to get a general idea of the materials and your comfort with them.   |
|                           | - Study Module 1: Managing Care of the Patient, Module 2: Overall Safety and Control of Infections  |
|                           | - Review flashcards and take practice exams related to the above sections of Module 1 and 2   |
|                           | - Review the cheat sheet with Module 1 and 2 in mind  |
| <b>Month 2</b>            | - Study Module 3: The Promotion of Health and Maintenance and Module 4: Integrity in Psychosocial Functioning.  |
|                           | - Review flashcards and take practice exams related to these sections of Module 3 and 4   |
|                           | - Review the cheat sheet with Module 3 and 4 in mind  |
| <b>Month 3</b>            | - Study Module 5: Providing Basic Care and Ensuring Patient Comfort, Module 6: Therapies – Pharmacological and Parenteral, and Module 7: Potential Risk Reduction |
|                           | - Review flashcards and take practice exams related to these sections of Module 5, 6, and 7.  |
|                           | - Review the cheat sheet with Module 5, 6, and 7 in mind  |
|                           | -   |
| <b>Month 4</b>            | - Study of Module 8: Adapting Physiologically.  |
|                           | - Review flashcards and take practice exams related to these sections of Module 8.  |
|                           | - Review the cheat sheet with Module 8 in mind  |
| <b>Month 5</b>            | - Revise Module 1 to 7.   |
|                           | - Review flashcards and take practice exams related to these Modules.   |
|                           | - Review the cheat sheet taking note of areas that you will find in the exam  |
| <b>Month 6</b>            | - Revise Module 8   |
|                           | - Use the flashcards and practice exams to highlight areas in all the modules where you are struggling and revise those areas specifically                        |
|                           | - Review the cheat sheet taking note of areas that you will find in the exam  |

## The 1-Year Study Plan

The one-year study plan is for someone that only has time for around 1 or 2 days of study throughout the week.

| <b>1-Year Study Plan</b> |  |
|--------------------------|--|
| <b>Month 1</b>           | - Start by taking the practice just to get a general idea of the materials and your comfort with them.                 |
|                          | - Study Module 1: Managing Care of the Patient   |
|                          | - Review flashcards and take practice exams related to these sections of Module 1                                      |
| <b>Month 2</b>           | - Study Module 2: Overall Safety and Control of Infections   |
|                          | - Review flashcards and take practice exams related to these sections of Module 2                                      |
| <b>Month 3</b>           | - Study Module 3: The Promotion of Health and Maintenance  |
|                          | - Review flashcards and take practice exams related to these sections of Module 3                                      |
| <b>Month 4</b>           | - Study Module 4: Integrity in Psychosocial Functioning.   |
|                          | - Review flashcards and take practice exams related to these sections of Module 4                                      |
| <b>Month 5</b>           | - Module 5: Providing Basic Care and Ensuring Patient Comfort  |
|                          | - Review flashcards and take practice exams related to these sections of Module 5                                      |
| <b>Month 6</b>           | - Study Module 6: Therapies – Pharmacological and Parenteral   |
|                          | - Review flashcards and take practice exams related to these sections of Module 6                                      |
| <b>Month 7</b>           | - Study Module 7: Potential Risk Reduction   |
|                          | - Review flashcards and take practice exams related to these sections of Module 7                                      |
| <b>Month 8</b>           | - Study of Module 8: Adapting Physiologically. As this is the longest module, you will have two months to complete it. |
|                          | - Review flashcards and take practice exams related to these sections of Module 8                                      |
| <b>Month 9</b>           | - Finish studying Study of Module 8: Adapting Physiologically.   |
|                          | - Review flashcards and take practice exams related to these sections of Module 8                                      |

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| <b>Month 10</b> | - Revise all of Module 1,2,3, and 4   |
|                 | - Re-read the chapters with information that you had trouble with during the practice exams and flashcards. |
|                 | - Continue your flashcard studies on a semi-daily basis from all of Module 1,2,3, and 4.                    |
|                 | - Review the cheat sheet  |
|                 |   |
| <b>Month 11</b> | - Revise all of Modules 5,6, and 7.   |
|                 | - Re-read the chapters with information that you had trouble with during the practice exams and flashcards. |
|                 | - Continue your flashcard studies on a semi-daily basis from all of Module 5,6, and 7.                      |
|                 |   |
| <b>Month 12</b> | - Revise Module 8.  |
|                 | - Take as many of the practice exams as you can   |
|                 | - Continue your flashcard studies on a semi-daily basis from all modules                                    |
|                 | - Review the cheat sheet  |